

Sample course programme



DAY 1	DAY 2-8	DAY 9-17	DAY 18	DAY 19
<div>3 HOURS Professional Practices & Responsibilities (PPR) Online Course</div> <div>3 HOURS Programme introduction and arrival</div>	<div>7 DAYS RYA Competent Crew</div>	<div>9 DAYS RYA Combined Day Skipper Theory and Practical</div>	<div>1 DAY RYA Diesel Engine Maintenance</div>	<div>1 DAY RYA First Aid</div>
DAY 20-22	DAY 23-24	DAY 25	DAY 26	DAY 27-31
<div>3 DAYS BREAK</div>	<div>2 DAYS RYA Powerboat Level 2</div>	<div>1 DAY RYA VHF Marine Radio SRC</div>	<div>2 DAY ADYASY RYA Sea Survival</div>	<div>5 DAYS Mile Builder</div>

DAY
32

1 DAY

RYA Radar

DAY
33-38

6 DAYS

RYA Coastal
Skipper/
Yachtmaster™
Theory (Ashore)

DAY
39-43

5 DAYS

RYA Coastal
Skipper

DAY
44 -45

2 DAYS

BREAK

DAY
46-50

5 DAYS

RYA
Yachtmaster
Exam Prep

DAY
51 -52

2 DAYS

RYA Yachtmaster
Coastal Exam

DAY
53-59

7 DAYS

Mile Builder

DAY
60-66

7 DAYS

Mile Builder

DAY
67-71

5 DAYS

RYA
Yachtmaster
Exam Prep

DAY
72-73

2 DAYS

RYA
Yachtmaster
Offshore Exam

Additional to reach YM Offshore



Meet The Team

Nick - Chief Instructor



Nick is an extremely experienced Yachtmaster Instructor who has sailed all over the world in the clipper races. He has been Chief Instructor at ASY since March 2023 whilst running his own shore-based

sailing school in Cheshire.

Thalia - Sales and

Communications Coordinator



Thalia splits her time between organising the sales and marketing for ASY and spending time on the water as a senior dinghy instructor at ASC Portsmouth. She is also a commercially endorsed Yachtmaster and can be found skippering Duel.

Hermione - Operations Manager



Hermione is an Operations and Regional Manager for the Andrew Simpson Centres including Andrew Simpson Yachting. She has a strong background in sail training and management as well as being an RYA Yachtmaster.

Will - Shorebased Instructor and skipper



Will teaches many of our shore-based courses as well as skippering Duel as a commercially endorsed Yachtmaster. He is also the Chief Instructor of Portsmouth Sail Training Trust and a Senior Instructor over at ASC Portsmouth.



Our Yacht Duel of Plymouth

Your practical training will take place onboard Duel our Jeanneau Sun Odyssey 389 sailing yacht.

We pride ourselves on the cleanliness and maintenance of her which will be built into your programme as an important skippering skill.

Duel is a sail drive yacht drawing 1.98m. She has three double cabins and sleeps two in the saloon. There is one heads and galley onboard with a gas cooker and fridge. She also has a diesel heater

to keep cozy on cooler nights.